



AUT Study Abroad – Auckland, New Zealand

Sport & Recreation: Outdoor Education Package

The clean, green open-air environment of Aotearoa – New Zealand is the perfect location to experience the outdoors. A qualification in Outdoor Education provides you the skill set to work in this environment, teaching and leading others. Through this degree at AUT University, you encounter New Zealand's varied and unique environment and learn from some of the country's most experienced staff in outdoor education.

We invite students from all over the world to spend a semester in our Study Abroad programme, earning credits towards their home degree, while gaining a true international experience. Students who choose this Outdoor Education package will be enrolled in all four papers. You will gain knowledge in the classroom twice a week while participating in hands-on outdoor adventures throughout the rest of the week.

515568 Land Based Pursuits

In this land based pursuit class, you will be introduced to technical skills and safe practices in a given range of terrain.

Student will gain knowledge in:

- Rope skills
- Camping
- Hydration requirements
- Proper nutrition

515569 Water Based Pursuits

In this water based pursuit class, you will be introduced to technical skills and safe practices in a given range of aquatic atmospheres.

Student will gain knowledge in:

- Paddle skills and boat control
- Sailing skills
- Boat knowledge
- Personal safety in aquatic locations
- Environmental knowledge

516557 Sport and Recreation in Society

Through this course, you will examine the nature and place of sport and recreation in society from a sociological perspective. Topics covered include: gender, race, ethnicity, violence and drugs in sport, and media influences in sport.

Student will gain knowledge in:

- Identity and culture in sport
- Sport historiography in Aotearoa/New Zealand
- Deviance in sport
- Class issues
- Sport and education
- Sporting bodies

516554 Outdoor Leadership

This course introduces you to key principles to inform safe practices in the outdoors for yourself and others.

Student will gain knowledge in:

- Risk management theory and practice
- Crisis management
- Theories of leadership related to outdoors
- The New Zealand outdoor industry
- Critical trip planning components
- Tikanga Maori

Contacts

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